



# Teen **MENTAL HEALTH**

Resources in Lincoln County, MO



## Services

### Compass Health\*

844-853-8937

Behavioral health services including counseling & psychological assessments.

### Preferred Family Healthcare

636-224-1500

Outpatient substance use disorder treatment.

### St. Louis Counseling\*

636-528-5911

Outpatient psychiatry, small-group & office-based counseling services available.

### Presbyterian Children's Homes & Services\*

314-785-0180

School-based counseling services available.

## Suicide & Crisis Lifeline

If you or someone you know is in crisis, call or text.

 **988**

# Get Involved!

## Lincoln County Athletic Association

Recreational softball & baseball. Ages 5-18.  
Scan the QR code for more information.



## PALs Animal Shelter Volunteer

**636-338-1818**

For more information visit: <https://pals-pets.com/we-need-you/>

## 4-H Clubs

**636-528-4613**

Designed to empower and encourage youth. Each 4-H club is tailored to the individual and allows youth to choose their activities. They have camps and after-school programming available. Ages 8-18.

Contact your local school's  
guidance counselor for more  
opportunities!

\*Lincoln County Resource Board  
funds may be available to Lincoln  
County residents aged 0 -18, for more  
information please call 636-528-2490  
or visit [www.lincolncountykids.org](http://www.lincolncountykids.org)

