

# FREE PUBLIC HEALTH LUNCH 'N LEARN

LINCOLN COUNTY HEALTH DEPARTMENT,  
COMMUNITY ROOM

Sponsored by:

Lincoln County Senior Resource Group

Lincoln County SRG is a new group formed (under the Healthy Communities umbrella of services) to address the needs of seniors and their families in Troy MO. & surrounding areas. They meet monthly & will occasionally open their meetings to the public so the public can meet the members of the group , learn about the services they provide & hear the speakers. If you would like to receive information about any upcoming events please send your email address to [vdurney@beckelderlaw.com](mailto:vdurney@beckelderlaw.com) & you will be added to their invite list.

*Mission Statement: Like minded professionals working together to help seniors access reliable resources within their community.*

*Be sure to look for futures speaker events*

**When:** Wednesday, October 4, 2017

**Where:** Lincoln County Health Department  
Community Room

5 Health Department Drive  
Troy, MO. 63379

**Time:** Doors open at 11:30 AM lunch at 11:45  
Speaker starts at 12:00



Featured Speaker:  
**Sheila Hunt, MA, LPC**



Topic

**Aging vs Alzheimer's?**

Sheila Hunt, MA, LPC is a licensed professional counselor and has worked in the behavioral health field for over thirty years. She has worked with seniors in a variety of settings and has a special passion for working with senior adults. She currently works at CenterPointe Hospital, helping connect individuals and families with mental health and addiction treatment services, including services for senior adults.

Sheila earned a Master's of Arts Degree in Counseling from Antioch New England Graduate School and completed All But Dissertation on a Doctorate in Clinical Psychology.

Ms. Hunt is known for her strong advocacy for mental health and as a community educator for mental health issues.

*Seating is Limited*

**Please RSVP to**

**636-528-6117**

**Door Prizes**

**Lunch will be served**